

No.	Time (IRST)	Speaker	Presentation Title
Opening	13:00–13:10	Introduction & Welcome	Opening Remarks, Program Overview, and Session Chair Introduction
1	13:10–13:30	Dr. Mohammad Hossein Nasr-Esfahani	From Health to Risk: A Scientific Review of the Effects of Excessive Supplementation on Fertility
2	13:30–13:50	Dr. Abdolhossein Shahverdi	The Role of Antioxidants in Enhancing Gamete and Embryo Viability and Quality Post- Cryopreservation
3	13:50–14:10	Dr. Marziyeh Tavalaei	The Future of Antioxidant Therapy in Andrology: From Redox Balance to Optimizing Sperm Response
4	14:10–14:30	Dr. Mohammad Ali Sadighi-Gilani	The Therapeutic Role of Antioxidants in Varicocele-Associated Male Infertility
5	14:30–14:50	Dr. Parvaneh Afsharian	The Effects of Antioxidants on Recurrent Implantation Failure in Women Undergoing Assisted Reproductive Technologies
6	14:50–15:10	Dr. Ashraf Moeini	The Role of Antioxidants in Female Infertility: Therapeutic Potential Against Inflammation and Oxidative Stress in Endometriosis and Polycystic Ovary Syndrome
7	15:10–15:30	Dr. Farnoush Jafarpour	Gene–Nutrient Interactions in Reproductive Health: MTHFR Polymorphisms and Folate Vitamer Forms in Relation to Gamete Quality and Embryonic Development
8	15:30–15:50	Dr. Nushin Naderi	Biomolecular Effects of Over Supplementation with L-carnitine, Methylfolate, Vitamins C, and E on Sperm Production and Function
Closing	15:50–16:00	Q&A and Closing Remarks	Panel Discussion and Audience Questions